



# January 2008

## E.E., Stigall Lunch



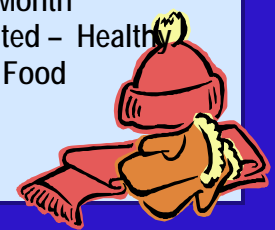
### School News

Minimum Requirements:  
 Meat/Meat Alt: 2 oz.  
 Grains/Breads: 8 svg./wk  
 Fruit/Veg: ¾ c/day  
 Milk (choices): 8 oz.

“USDA is an equal opportunity provider and employer.”

Homework Hotlines:  
 East End: 784-4171  
 Stigall: 784-2825  
 HMS: 784-9514  
 HHS: 784-2781

\* New Menu Item of the Month  
 Highlighted – Health Star Food



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<b>1</b> No School	<b>2</b> No School	<b>3</b> Sloppy Joes Tater Tots <b>Lima Beans</b> Fruit, Milk	<b>4</b> Beef Sticks <b>Veggie Blend Normandy</b> Onion Rings Fruit, Roll, Milk
<b>7</b> Spaghetti Tossed Salad <b>Green Beans</b> Fruit, Toast, Milk	<b>8</b> Beef Tacos <b>Mexicali Corn</b> Fries Fruit, Milk	<b>9</b> Chicken Strips Whipped Potatoes <b>Green Peas</b> Fruit, Roll, Milk	<b>10</b> Chicken Noodle Soup Cheese Toast <b>Steamed Carrots</b> Fruit, Milk	<b>11</b> Pizza Potato Wedges <b>Peas &amp; Carrots</b> Fruit, Milk
<b>14</b> Manager's Choice 2 Meats <b>2 Vegetables</b> 1 Fruit 1 Bread Milk	<b>15</b> Grilled Cheese Sandwich Potato Rounds <b>Green Beans</b> Fruit, Milk	<b>16</b> Popcorn Chicken Sweet Potato Pie <b>Lima Beans</b> Fruit, Roll, Milk	<b>17</b> Teriyaki Chicken Dippers Brown Rice <b>Calif. Mixed Veggies</b> Fruit, Roll, Milk	<b>18</b> Bologna/Cheese Sand. Fries <b>Carrot Sticks / Ranch</b> Fruit, Milk
<b>21</b> No School	<b>22</b> Corn Dog Onion Rings <b>Baked Beans</b> Fruit, Milk	<b>23</b> Veggie Beef Soup Cheese Toast <b>½ Baked Potato</b> Fruit, Milk	<b>24</b> Cheeseburger Lettuce/Tomato/Pickle Corn <b>Tossed Salad</b> Fruit, Milk	<b>25</b> Pizza Potato Rounds <b>5 way Mixed Veggies</b> Fruit, Milk
<b>28</b> Ravioli Casserole <b>Green Beans</b> Potato Wedges Fruit, Toast, Milk	<b>29</b> Deli Sandwiches Mac & Cheese <b>Green Peas</b> Fruit, Milk	<b>30</b> * Beef Stir Fry <b>Corn on Cob</b> Vegetable Stix Fruit, Roll, Milk	<b>31</b> Baked Chicken Redskin Potatoes <b>Broccoli</b> / Cheese Fruit, Roll, Milk	