



# November 2007



## E.E. & Stigall Lunch



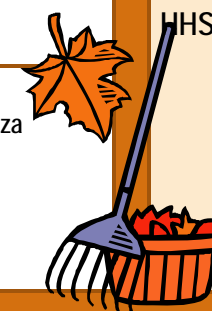
### School News

Minimum Requirements:  
 Meat/Meat Alt: 2 oz.  
 Grains/Breads: 8 svg./wk  
 Fruit/Veg: ¾ c/day  
 Milk (choices): 8 oz.

"USDA is an equal opportunity provider and employer."

Homework Hotlines:  
 East End: 784-4171  
 Stigall: 784-2825  
 HMS: 784-9514  
 HHS: 784-2781

\* New Menu Item  
 of the Month  
 Highlighted – Healthy  
 Star Food



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

			<b>1</b> Cheeseburger / Bun Redskin Potatoes <b>Green Beans</b> Fruit, Milk	<b>2</b> Chicken Patty Sandwich <b>Veggie Blend Normandy</b> Onion Rings Fruit, Milk
<b>5</b> Chicken Strips <b>Peas &amp; Carrots</b> Scalloped Potatoes Fruit, Roll, Milk	<b>6</b> Chicken Noodle Soup Cheese Toast <b>Steamed Carrots</b> Fruit, Milk	<b>7</b> Taco Pie <b>Mexicali Corn</b> Fries Fruit, Milk	<b>8</b> Spaghetti Tossed Salad <b>Green Beans</b> Fruit, Toast, Milk	<b>9</b> Pizza Tater Tots <b>Lima Beans</b> Fruit, Milk
<b>12</b> Baked Ham Whipped Potatoes <b>Green Peas</b> Fruit, Roll, Milk	<b>13</b> BBQ Chicken <b>Baked Beans</b> Potato Salad Fruit, Roll, Milk	<b>14</b> *Chicken <b>Veggie</b> Soup Cheese Toast Potato Wedges Fruit, Milk	<b>15</b> Salisbury Steak / Gravy Cheesy Potatoes <b>Calif. Mixed Veggies</b> Fruit, Roll, Milk	<b>16</b> Thanksgiving Dinner Turkey / Dressing Hot Dog / Bun Sweet Potatoes <b>Green Beans</b> Cranberry Sauce Special Dessert Roll, Milk
<b>19</b> Mini Corn Dogs <b>Mixed Veggies</b> Potato Wedges Fruit, Milk	<b>20</b> Manager's Choice 1 meat 2 <b>vegetables</b> Fruit, Bread, Milk	<b>21</b>  No School	<b>22</b>  No School	<b>23</b>  No School
<b>26</b> Chicken Rings <b>Corn</b> ½ Baked Potato Fruit, Roll, Milk	<b>27</b> Deli Sandwich Mac & Cheese <b>5 way Mixed Veggies</b> Fruit, Milk	<b>28</b> Bean Burrito <b>Tossed Salad</b> Onion Rings Fruit, Milk	<b>29</b> Sloppy Joes Tater Tots <b>Lima Beans</b> Fruit, Milk	<b>30</b> Cheese Ques Pizza Fries <b>Steamed Carrots</b> Fruit, Milk